Thorough
Understanding of
Tools, Techniques,
and
Methodologies of

These two wings, moving in synchrony. . .

... result in authentic practice of

Vision of Yoga Therapy as a Lifelong Journey of Healing for both Therapist and Care Receiver

Supported by yoga therapist training

YOGA THERAPY Supported by essential qualities of the yoga therapist

Lonnie DeSorcy's
Interpretation of Le Page's model of yoga
therapy from "Qualities of a Yoga
Therapist" in International Journal of
Yoga Therapy, no 24.