



Opportunity Works Calgary Inc. presents

The Healthy Minds Café



Drop by on your way home from work for a *free* presentation, *free* coffee, and *free* conversation to help you maintain a healthy perspective on life!

Join us at **Second Cup in Killarney** for this free event:
(2803 - 17 Ave SW)

January 25th 2013 - 5:30 pm to 7:00 pm

Java and Yoga for Stress Relief

with Lonnie DeSorcy

Visit www.opportunityworks.ca for more details.